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We are deeply grateful for the donations we receive from our congregation and our community. Now, more than ever, we need your support.

Please visit www.liverpoolmetrocathedral.org.uk/support-us or text **METROCATHERAL** to **70460** to donate £5*.

*Texts cost £5 plus one standard rate message. If you do not wish to opt-in to hear more about our work and fundraising via text, but would still like to donate £5, text METROCATHERALNOINFO instead.



Cathedral Record

www.liverpoolmetrocathedral.org.uk

Fourth Sunday of Lent

We offer our best wishes to all Mothers on this Mothering Sunday. This Sunday the Cathedral Choir will perform the 'Stabat Mater', by Pergolesi following a shortened service of Evening Prayer at 3pm. It is sung in honour of Our Lady of sorrows as a devotional prayer reflecting on all that Mary had to suffer in witnessing her sons suffering and death on the cross. By reflecting on Our Lady's life in this way it points to the joys and sometimes the sorrows that all mothers have to face in caring for those they love.

Lenten Reflection; This is the Fourth Sunday in Lent. Traditionally, this day is known as Laetare Sunday, from the Latin word for the command "rejoice," the first word in the introductory antiphon for today's Liturgy, (based on the words of Isaiah). The antiphon and the readings both express the Church's joy in anticipation of the Resurrection. Today's readings both remind us that it is God who gives us proper vision in body as well as in soul, and instruct us that we should be constantly on our guard against spiritual blindness. By describing the anointing of David as the second king of Israel, the first reading, from the book of Samuel, illustrates how blind we are in our judgments and how much we need God's help. In the second reading, Paul reminds Christians of their new responsibility as children of light: "You were once darkness, but now you are light in the

Lord. Live as children of the light, for light produces every kind of goodness and righteousness and truth." Jesus' giving of sight to a blind man, reported in today's Gospel, teaches us the necessity of opening the eyes of the mind by faith and warns us that those who pretend to see the truth are often blind, while those who acknowledge their blindness are given clear vision. In this episode, the most unlikely person, namely the blind man, receives the light of faith in Jesus, while the religion-oriented, law-educated Pharisees remain spiritually blind. "There are none so blind, as those who will not see." To live as a Christian is to see, to have clear vision about God, about ourselves and about others. Today's Gospel reminds us that we are to live as children of the light, seeking what is good and right and true. Our Lenten prayers and sacrifices should serve to heal our blindness so that we can look into the hearts of others and love them as children of God, our own brothers and sisters.

This week we have two celebratory days that provide a break and rest from the liturgies and penitential mood of lent. Tuesday is the Feast of Saint Patrick, patron saint of Ireland and on Thursday the Solemnity of St Joseph husband of Mary and foster father of Jesus.

Monsignor Anthony O'Brien

Dean

Tel: 0151 709 9222
Email: enquiries@metcathedral.org.uk

Mass & Service Times

All services take place in the cathedral unless marked otherwise

WEEK COMMENCING 15 March 2026

Sunday 15 March 4th Sunday of Lent

9.00am Mass Cathedral
10.00am Mass Crypt
11.00am Solemn Mass * Cathedral
* This Mass will be streamed live on Youtube
3.00pm Choral Evening Prayer
4.00pm Mass RLUH
7.00pm Mass Crypt

Monday 16 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Tuesday 17 March

St Patrick

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Wednesday 18 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Thursday 19 March St Joseph

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Chapter Mass BSC
5.00pm Sung Mass BSC

Friday 20 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC
5.45pm Choral Evening Prayer

Saturday 21 March

8.45am Morning Prayer
9.00am Mass BSC
5.00pm Vigil Mass BSC

EXPOSITION of the BLESSED SACRAMENT

Will take place from 4.00pm on Fridays.

RECONCILIATION (Confession)

Monday - Friday: Following the 12.15pm Mass in the Crypt
Saturday: 9.30am - 10.30am & 3.30pm - 4.30pm

Please note that there are no Confessions on Holy Days.

Crypt Crypt Chapel

BSC
Blessed Sacrament Chapel

RLUH
Royal Hospital Chapel

CLERGY:

PRIESTS:
Monsignor Anthony O'Brien *Dean*
Fr Hugh Donleavy
Fr Anthony Lippo
Fr Faustinus Ugwuanyi

DEACON:
Rev Paul Mannings

Cathedral Notice Board

MASS INTENTIONS

Rosaleen Conlon (Mother's Day), Dennis Conlon (Anniversary), Michelle Connolly (Special Intentions), Freddie Quirk (18 months old RIP), Rob Irwin (RIP), John Warmseley (RIP), Alice (Pat) Sawden (RIP).

GIBBERD ROOM

Please note that refreshments will be served in the Gibberd Room after the Solemn Mass on Sundays. All are welcome to come along and have a chat with friends and make new acquaintances. Everyone made to feel part of the Cathedral family.

JIGSAWS

If anyone has any jigsaws or games that they have finished with we can pass them on for you to the Seafarers at Stella Maris. Please just drop them in to Cathedral House or to the Security Office. They are always so grateful for anything that we can send on.

VACANCIES

The latest vacancies from the archdiocese can be found here: [Careers - Join the team \(liverpoolcatholic.org.uk\)](#)

CHORISTERS' SALES

The Choir Association will be selling home-baked cakes after Mass in the foyer on the following dates to raise much-needed funds towards the choir's next overseas tour.

Sunday 15 March

Sunday 10 May

Please do stop by and sample our delicious treats!

If you would like to get involved by baking some cakes, please

contact Jackie Larrosa in the Music Department:

j.larrosa@metcathedral.org.uk

Thank you for your support.

PLEASE NOTE

There is Mass every Sunday at 4.00pm in the Chapel at the Royal Hospital. All welcome.

MICAH

On Monday 20th April at Liverpool Hope University, Micah Liverpool will be part of a Food and Faith Forum which will be focusing on one of the most urgent challenges of our time: food insecurity. Recent estimates from The Food Foundation reveal that 7.2 million adults and 2.7 million children in the UK are affected by food insecurity, around 14% of households nationwide, posing a significant risk to community wellbeing.

Organised in collaboration with Liverpool's faith communities, including Liverpool Cathedral and Liverpool Metropolitan Cathedral, the forum will provide an inclusive space for learning, raising awareness, and fostering collaboration on solutions to food poverty. The event will feature keynote addresses, a workshop facilitated by Micah and Feeding Liverpool, and a panel discussion, alongside dedicated space for discussion and networking. Open to all, the event welcomes anyone interested in addressing food insecurity and supporting positive change in our local communities. The event is open and welcoming to everyone with an interest in the issue of food insecurity. To register for the Food & Faith Forum event on Monday 20 April, please visit: <https://store.hope.ac.uk/product-catalogue/events/communityengagement-team/food-faith-forum-registration-20th-april>

EASTER EGGS

Please would you consider donating an Easter Egg to the Cathedral this Lent. We will be sending half of anything we receive to the Women's Refuge on the Wirral and also to the 2 Refuge Houses that are in Liverpool, charities that are so deserving and in real need. The other half will be raffled after the Solemn Mass on Easter Sunday.

EASTER LILIES

You are invited to buy a lily in memory of a departed loved one by placing £5 and the name of the person in an envelope and leaving it at the reception at Cathedral House or give it to one of the Cathedral clergy. The lilies will be used to decorate the Sanctuary during Easter, and the 10.00am Family Mass on Easter Sunday will be offered for their names.

SAFEGUARDING

If you are concerned about the safety of a child or vulnerable adult and feel they are in immediate danger, please call the police. If you wish to report any non-urgent concerns, please contact your local social services or our safeguarding team at Mark Robson 0151 522 1013 / 07585761965 Claire Newton 0151 522 1043 / 07384643237 or safeguarding@rcaol.org.uk

QUOTE OF THE WEEK

"Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God." (John 1:12).

ALTAR SERVERS NEEDED

Our Cathedral Altar Servers' team are currently looking for teenagers and young adults to assist with serving the 11am Sunday Mass and special Masses throughout the

year. Experience not necessary as full training will be given. Come and be a part of our cathedral family. enquiries@metcathedral.org.uk

MISSIONARIES OF CHARITY

Carrying of the Cross - Saturday 28 March
The annual Carrying of the Cross will take place on Saturday 28 March 2026 at 2pm. Led by Fr Peter Ross of St Bede's Parish, Widnes, we will begin from Church Street, passing through Bold Street and finishing at St Luke's Church (bombed out church), and will be followed by a short service. Please join us from 1:45pm at the junction of Church Street and Lord Street, Liverpool for a 2pm prompt start.

You are very welcome to join. We also need stewards - if you would like to steward, please contact Jim Ross on email:

jimmy.ross7@gmail.com

CAN YOU HELP?

We have received an incredibly generous donation from the **Ken Dodd charitable foundation** towards 85% of the cost of new cassocks, surplices and ruffs for all our choristers and adult lay clerks. Many of our current robes are over 30 years old! It will take some time to measure everyone and for the robes to be manufactured, but we hope by September we will have everyone wearing a beautiful new cassock, surplices (and for boys) ruff. If you would be in a position to support us in raising the remaining 15% of the cost of this large scale undertaking, please get in touch with the music office - music@metcathedral.org.uk

Last week's collection: **£1, 470.00**



— THE MYSTERY OF THE —
LUTYENS CRYPT
— LIVERPOOL'S BEST KEPT —
ARCHITECTURAL SECRET




Open Monday – Saturday: First Admission: 10am, Last Admission: 3.30pm
Crypt Admission Charges: £5 Adult, £12 Family (2 adults + 2 children)

Keep in touch

Be the first to hear about Cathedral news, services and events. Please visit liverpoolmetrocathedral.org.uk/sign-up

Stay Connected

Join our online community

Golden Book of Remembrance

The Golden Book Office is now open each Tuesday between 10am and 3pm.

Please call **0151 707 2107** or email goldenbook@metcathedral.org.uk for more information.