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We are deeply grateful for the donations we receive from our congregation and our community. Now, more than ever, we need your support.

Please visit www.liverpoolmetrocathedral.org.uk/support-us or text **METROCATHERAL** to **70460** to donate £5*.

*Texts cost £5 plus one standard rate message. If you do not wish to opt-in to hear more about our work and fundraising via text, but would still like to donate £5, text METROCATHERALNOINFO instead.



Cathedral Record

www.liverpoolmetrocathedral.org.uk

Third Sunday of Lent

The third Sunday of Lent marks the half way point on our journey to Holy Week and Easter. As with any mid-point of a journey it is always good to stop and rest a while and take stock of how we are doing. In today's gospel Jesus stops for refreshment at a well in a Samaritan village while the disciples go into the town. While he is there he gets into conversation with a woman who comes along to get water from the well. She has a complex and colourful life story which include a number of relationships. Her personal situation is also an allegory which describes and exemplifies the complex relationship and differences of religious practices between Jews and Samaritans which is all interwoven into the conversation Jesus has with her. Our Lord treats her with respect and acceptance despite the generally accepted cultural and religious differences of the time. The woman and her fellow villagers acknowledge Jesus to be the Christ – the source of Living Water. The refreshment that he offers to her and to all who accept him as the Son of God, brings healing and reconciliation an end to divisions and draws us into unity with God the Father. May we too during this time of Lent draw refreshment and renewal of faith from Christ who is the Wellspring of Salvation.

The afternoon Choral Service at 3pm this Sunday is a reflection on the seven last words of Christ on the Cross. It is entitled 'Les Sept Paroles Du Christ en Croix' which sounds rather better than the English equivalent description 'Seven Last Words' it was composed by Cesar Franck. The music expressing the emotion and

the depth of Jesus final words on the cross.

Last week we welcomed Kevin McCloud (Grand Designs) to the Cathedral to do some filming for a programme on his new series on Grade One listed buildings which will be shown later in the year.

The gatherings of protest groups and rallies have become a regular feature at the bottom of our Cathedral Piazza of a weekend. It is rare for organisers to ask our permission or even to contact us about such gatherings and even the police are not always informed. The groups begin by gathering on the pavement area but inevitably as the numbers increase they spill out on to our Cathedral land. We have largely turned a blind eye to this despite the damaging graffiti and the inconvenience this causes to general visitors to the Cathedral and activities taking place here. However we are now having to review our approach to all such rallies in future in view of a proposed forthcoming rally entitled 'March for Jesus in Lent' with regard to the concerns we have about the views and divisive nature of such a political gathering. Last week the Cathedral made a public statement to try and prevent this taking place. Please have a look at it on our website and on our social media.

Monsignor Anthony O'Brien

Dean

Mass & Service Times

All services take place in the cathedral unless marked otherwise

WEEK COMMENCING **8 March 2026**

Sunday 8 March

3rd Sunday of Lent

9.00am Mass Cathedral
10.00am Mass Crypt
11.00am Solemn Mass * Cathedral

* This Mass will be streamed live on Youtube

3.00pm Choral Evening Prayer
4.00pm Mass RLUH
7.00pm Mass Crypt

Monday 9 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Tuesday 10 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Wednesday 11 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Thursday 12 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC

Friday 13 March

7.45am Morning Prayer
8.00am Mass BSC
12.15pm Mass Crypt
5.00pm Sung Mass BSC
5.45pm Choral Evening Prayer

Saturday 14 March

8.45am Morning Prayer
9.00am Mass BSC
5.00pm Vigil Mass BSC

EXPOSITION of the BLESSED SACRAMENT

Will take place from 4.00pm on Fridays.

RECONCILIATION (Confession)

Monday - Friday: Following the 12.15pm Mass in the Crypt
Saturday: 9.30am - 10.30am & 3.30pm - 4.30pm

Please note that there are no Confessions on Holy Days.

Crypt
Crypt Chapel

BSC
Blessed Sacrament Chapel

RLUH
Royal Hospital Chapel

CLERGY:

PRIESTS:
Monsignor Anthony O'Brien *Dean*

Fr Hugh Donleavy
Fr Anthony Lippo
Fr Faustinus Ugwuanyi

DEACON:
Rev Paul Mannings

Tel: 0151 709 9222

Email: enquiries@metcathedral.org.uk

Cathedral Notice Board

MASS INTENTIONS

Emily Hamilton (RIP), Larry Williams (RIP), Bernadette Duffy (RIP), Lawrence Williams (RIP).

GIBBERD ROOM

Please note that refreshments will be served in the Gibberd Room after the Solemn Mass on Sundays. All are welcome to come along and have a chat with friends and make new acquaintances. Everyone made to feel part of the Cathedral family.

JIGSAWS

If anyone has any jigsaws or games that they have finished with we can pass them on for you to the Seafarers at Stella Maris. Please just drop them in to Cathedral House or to the Security Office. They are always so grateful for anything that we can send on.

VACANCIES

The latest vacancies from the archdiocese can be found here: [Careers - Join the team \(liverpoolcatholic.org.uk\)](#)

CHORISTERS' BAKE SALES

The Choir Association will be selling home-baked cakes after Mass in the foyer on the following dates to raise much-needed funds towards the choir's next overseas tour.

Sunday 15 March

Sunday 10 May

Please do stop by and sample our delicious treats!

If you would like to get involved by baking some cakes, please contact Jackie Larrosa in the Music Department: j.larrosa@metcathedral.org.uk

Thank you for your support.

PLEASE NOTE

There is Mass every Sunday at 4.00pm in the Chapel at the Royal Hospital. All welcome.

MICAH

Micah Liverpool continues to appreciate the continuing support in prayer and food donations. The early part of the year can be difficult for many and we have been able to cope with large numbers at the foodbank thanks to Christmas donations. As we approach the Lent period, we continue to welcome food donations and are particularly encouraging people to consider donating fish. You can read more about this on Micah's latest blogpost here [Blog Archive - Welcome to Micah Liverpool](#). If you would like more information about Micah and the work we do in the social justice field, please get in touch with Cathy Kearney at catherine.kearney@liverpoolcathedral.org.uk

SAFEGUARDING

If you are concerned about the safety of a child or vulnerable adult and feel they are in immediate danger, please call the police. If you wish to report any non-urgent concerns, please contact your local social services or our safeguarding team at Mark Robson 0151 522 1013 / 07585761965 Claire Newton 0151 522 1043 / 07384643237 or safeguarding@rcaol.org.uk

QUOTE OF THE WEEK

They will hammer their swords into ploughshares and their spears into sickles. Nation will not lift sword against nation, no longer will they learn how to make war." (Isaiah 2:4)

JOIN THE CATHEDRAL BIG LENT WALK

This Lent, we're inviting you to join our team and be part of something meaningful for our community and for those most in need. We've signed up for CAFOD's Big Lent Walk and would love you to take part:

<https://parishes.walk.cafod.org.uk/teams/liverpool-metropolitan-cathedral>

If 100 people join our team and each pledges to raise £20, together we can raise £2,000 for CAFOD. That's £2,000 raised as a community while also getting a little more active during Lent. You can walk in your own time, at your own pace, and in a way that suits you. Every step and every donation makes a real difference. If you are unable to walk but would still like to support us, you can donate directly to the team page. Please support us this Lent and help us reach our goal.

ALTAR SERVERS NEEDED

Our Cathedral Altar Servers' team are currently looking for teenagers and young adults to assist with serving the 11am Sunday Mass and special Masses throughout the year. Experience not necessary as full training will be given. Come and be a part of our cathedral family. enquiries@metcathedral.org.uk

MISSIONARIES OF CHARITY

Carrying of the Cross - Saturday 28 March

The annual Carrying of the Cross will take place on Saturday 28 March 2026 at 2pm. Led by Fr Peter Ross of St Bede's Parish, Widnes, we will begin from Church Street, passing through Bold Street and finishing at St Luke's Church (bombed out church), and will be

followed by a short service.

Please join us from 1:45pm at the junction of Church Street and Lord Street, Liverpool for a 2pm prompt start.

You are very welcome to join. We also need stewards – if you would like to steward, please contact Jim Ross on email: jimmy.ross7@gmail.com

THE MYSTERY OF SUFFERING AND VULNERABILITY – A GUIDE THROUGH HOLY WEEK

Join the Irenaeus Centre for a reflective Holy Week retreat exploring the themes of suffering, vulnerability from 6pm, Wednesday 1 April to 10pm Saturday 4 April 2026. For more information please contact: centreirenaeus@gmail.com or call 0151 949 1199.

ARCHDIOCESAN YOUNG ADULT GROUP

Anyone aged 18-35 is welcome to join the Archdiocesan Young Adult Group. The group meets fortnightly at the Pauline Book Centre in Liverpool City Centre. On **Tuesday 17 March (18:30-20:00)**, the group will be having a Catholic social action activity entitled 'Room at the Inn: Living the Spirituality of Hospitality'. If you're interested in joining us, please register here

<https://forms.office.com/e/YCCGsmfYga?origin=lprLink> For enquiries, please contact Moses at m.mui@rcaol.org.uk.

Last week's collection: **£2,066.00**



— THE MYSTERY OF THE —
LUTYENS CRYPT
 — LIVERPOOL'S BEST KEPT —
ARCHITECTURAL SECRET




Open Monday – Saturday: First Admission: 10am, Last Admission: 3.30pm
 Crypt Admission Charges: £5 Adult, £12 Family (2 adults + 2 children)

Keep in touch 

Be the first to hear about Cathedral news, services and events. Please visit liverpoolmetrocathedral.org.uk/sign-up

Stay Connected

Join our online community

Golden Book of Remembrance

The Golden Book Office is now open each Tuesday between 10am and 3pm.

Please call 0151 707 2107 or email goldenbook@metcathedral.org.uk for more information.