



**Metropolitan Cathedral  
of Christ the King Liverpool**

# **SOLEMN MASS**

**ON THE TWENTY SECOND SUNDAY OF ORDINARY TIME  
1 SEPTEMBER 2024 AT 11.00AM**

## **WELCOME**

Welcome to the Metropolitan Cathedral of Christ the King, Liverpool, the mother Church of the Roman Catholic Community, and seat of the Archbishop of Liverpool. We hope you will fully participate in this celebration of the Mass, and that – along with so many others – you will experience the presence of God in this holy place.

## **THE MASS**

At the Last Supper, on the night he was betrayed, Jesus instituted the Eucharist, or the Mass, to perpetuate the sacrifice of the Cross throughout the ages until he should come again.

The Mass is an act of thanksgiving to God for his saving work; it is a sacred meal which nourishes us spiritually and anticipates the heavenly banquet, and it is a holy sacrifice, making present the one true sacrifice of Christ our Saviour.

Roman Catholics believe that Jesus Christ is truly present at the Mass; in the assembly gathered as the Body of Christ, through his Word made present in scripture, but supremely under the appearance of bread and wine. In the Eucharist the body and blood, soul and divinity of Jesus Christ is wholly and entirely present.

Strengthened by this sacred food, we go forth to build up the Body of Christ in this world, and to bring his healing and salvation to all peoples.

*The Celebrant for today's Mass is Fr Anthony Lippo.*

*The Solemn Mass each Sunday is offered for all Benefactors of the Cathedral.*

**PLEASE ENSURE THAT MOBILE TELEPHONES ARE SWITCHED OFF**

The use of private cameras, video or sound equipment  
is strictly prohibited in the Cathedral

*The 11.00am Sunday Mass will be recorded and live-streamed. The recording will be shown live on YouTube, and a copy of the recording will be available on this platform. Should you wish not to be filmed, please speak to Cathedral Security or one of the Stewards, who will direct you to a seat in the West Gallery. For more details, please email [dataprotection@rcaol.org.uk](mailto:dataprotection@rcaol.org.uk)*

## INTRODUCTORY RITES

### ENTRANCE HYMN *all stand and join in singing*



- 1 Praise to the Lord, the Almighty, the King of creation!  
O my soul, praise him, for he is your health and salvation.  
All you who hear, now to his altar draw near,  
Join in profound adoration.
- 2 Praise to the Lord, let us offer our gifts at his altar;  
Let not our sins and transgressions now cause us to falter.  
Christ, the High Priest, bids us all join in his feast;  
Victims with him on the altar.
- 3 Praise to the Lord, oh, let all that is in us adore him!  
All that has life and breath, come now in praises before him.  
Let the Amen sound from his people again,  
Now as we worship before him.

### GREETING

In the name of the Father,  
and of the Son, and of the Holy Spirit.  
**R. Amen.**

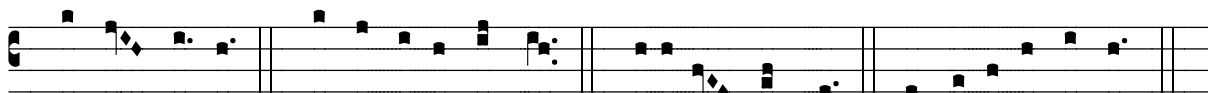
The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.  
**R. And with your spirit.**

### PENITENTIAL RITE *all join in saying*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

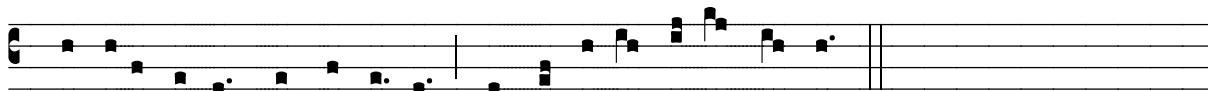
**GLORIA VIII** *all join in singing the verses in bold type*

Gloria in excelsis Deo. Et in terra pax hominibus bonae voluntatis.



**Lauda- mus te. Be-ne-di-ci-mus te. Ado-ra- mus te. Glo-ri-fi-camus te.**

Gratias agimus tibi propter magnam gloriam tuam.



**Domine Deus, Rex caelestis, De-us Pa-ter omni- pot-ens.**

Domine Fili unigenite Jesu Christe.



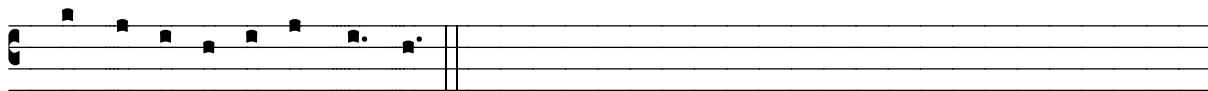
**Domi-ne De-us, Agnus De- i, Fi-li- us Pa- tris.**

Qui tollis peccata mundi, miserere nobis.



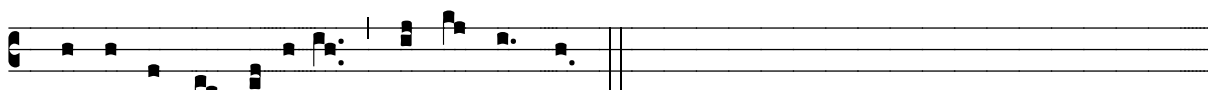
**Qui to-llis pec-ca-ta mundi, susci-pe de-pre-ca-ti-o- nem no- stram.**

Qui sedes ad dexteram Patris, miserere nobis.



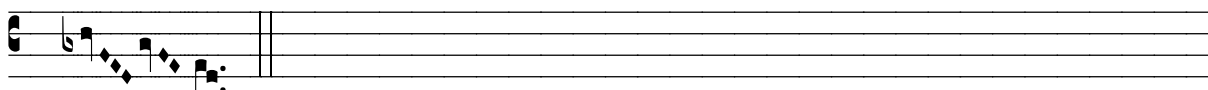
**Quo-ni-am tu so-lus sanctus.**

Tu solus Dominus.



**Tu so- lus Al- tissimus, Je-su Chri-ste.**

Cum sancto Spiritu, in Gloria Dei Patris.



**A- men.**

## COLLECT

God of might, giver of every good gift,  
put into our hearts the love of your name,  
so that, by deepening our sense of reverence,  
you may nurture in us what is good  
and, by your watchful care,  
keep safe what you have nurtured.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
one God for ever and ever.  
**R. Amen.**

## LITURGY OF THE WORD

### FIRST READING *from the book of Deuteronomy 4:1-2,6-8*

Moses said to the people: 'Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them, and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, "No other people is as wise and prudent as this great nation." And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?'

The Word of the Lord.  
**R. Thanks be to God.**

### PSALM 14 *all sing the response R. after the Cantor and after each verse of the psalm*



Lord, who shall dwell on your holy mountain?  
He who walks without fault;  
he who acts with justice  
and speaks the truth from his heart. **R.**

He who does no wrong to his brother,  
who casts no slur on his neighbour,  
who holds the godless in disdain,  
but honours those who fear the Lord. **R.**

He who keeps his pledge, come what may;  
who takes no interest on a loan  
and accepts no bribes against the innocent.  
Such a man will stand firm for ever. **R.**

**SECOND READING** *from the letter of St James 1:17-18,21-22,27*

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created.

Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves.

Pure unspoilt religion, in the eyes of God our Father is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

The Word of the Lord.

**R.** Thanks be to God.

**GOSPEL ACCLAMATION** *all join in singing the Gospel Acclamation after the Cantor and again after the verse*



Your words are spirit, Lord,  
and they are life:  
you have the message of eternal life.

**GOSPEL**

The Lord be with you.

**R.** And with your spirit.

A reading from the holy Gospel according to Mark 7:1-8,14-15,21-23

**R.** Glory to you, O Lord.

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, 'Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?' He answered, 'It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture:

This people honours me only with lip-service,  
while their hearts are far from me.  
The worship they offer me is worthless,  
the doctrines they teach are only human regulations.

You put aside the commandment of God to cling to human traditions.'

He called the people to him again and said, 'Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men's hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.'

The Gospel of the Lord.

**R. Praise to you, Lord Jesus Christ.**

*After the Gospel, all sing the Gospel Acclamation.*

## **HOMILY**

### **PROFESSION OF FAITH** *all join in saying*

**I believe in one God,  
the Father almighty, maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light, true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit  
was incarnate of the Virgin Mary, and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.**

## **PRAYER OF THE FAITHFUL**

## LITURGY OF THE EUCHARIST

**OFFERTORY HYMN** *a collection is taken for the upkeep of the Cathedral or please use the QR codes at the back of the booklet, meanwhile all join in singing*



- 1 **Lord, accept the gifts we offer  
At this Eucharistic feast,  
Bread and wine to be transformed now  
Through the action of thy priest  
Take us too, Lord, and transform us,  
Be thy grace in us increased.**
  
- 2 **May our souls be pure and spotless  
As the host of wheat so fine;  
May all stain of sin be crushed out,  
Like the grape that forms the wine,  
As we, too, become partakers,  
In this sacrifice divine.**
  
- 3 **Take our gifts, almighty Father,  
Living God, eternal, true,  
Which we give through Christ, our Saviour,  
Pleading here for us anew  
Grant salvation to all present  
And our faith and love renew.**

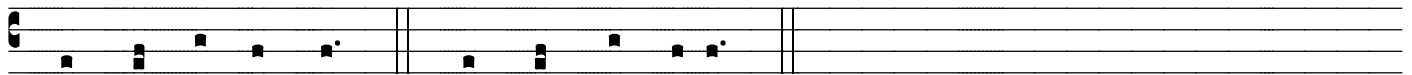
*The Celebrant says*  
Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*All stand and say*  
**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good and the good of all his holy Church.**

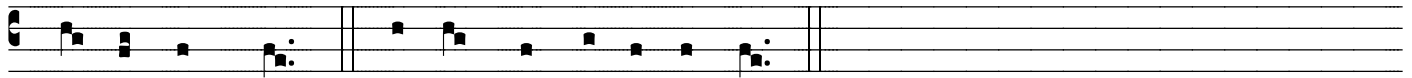
### PRAYER OVER THE OFFERINGS

May this sacred offering, O Lord,  
confer on us always the blessing of salvation,  
that what it celebrates in mystery  
it may accomplish in power.  
Through Christ our Lord.  
**R. Amen.**

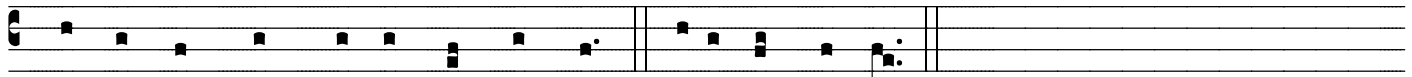




The Lord be with you. And with your spirit.



Lift up your hearts. We lift them up to the Lord.



Let us give thanks to the Lord our God. It is right and just.

**SANCTUS VIII** *all join in singing*



**S**an- ctus, \* Sanctus, San- ctus Do- minus De-us Sa- ba-oth.



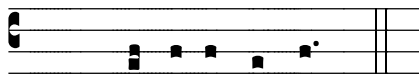
Pleni sunt cae-li et ter- ra glo-ri- a tu- a. Ho- sanna in excel- sis.



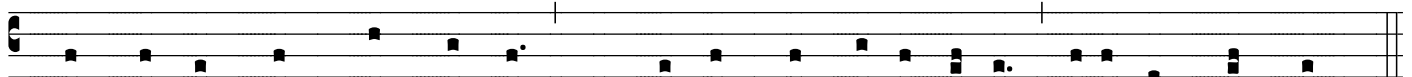
Bene- di- ctus qui ve- nit in nomi- ne Do- mi- ni. Ho- san- na in excel- sis.

*Gregorian Chant*

**MEMORIAL ACCLAMATION** *all join in singing*



The mystery of faith.



We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

**GREAT AMEN** *all join in singing*



A-men. A-men. A- men.

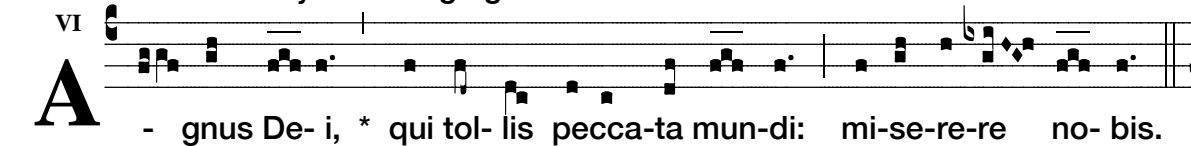
## COMMUNION RITE

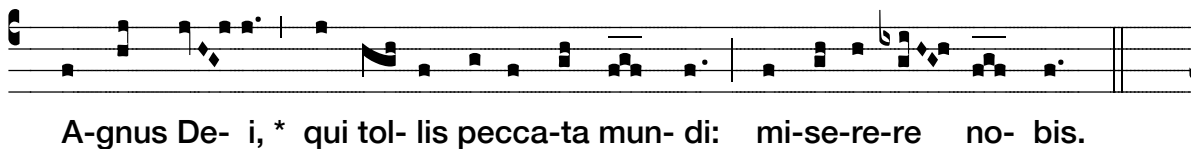
### THE SIGN OF PEACE

The peace of the Lord be with you always.

*R.* And with your spirit.

### AGNUS DEI VIII *all join in singing*

VI   
A - gnus De- i, \* qui tol- lis pecca-ta mun-di: mi-se-re-re no- bis.

  
A-gnus De- i, \* qui tol- lis pecca-ta mun- di: mi-se-re-re no- bis.

  
A- gnus De- i, \* qui tol-lis pecca-ta mun-di: do-na no-bis pa- cem.

*Gregorian Chant*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

*All join in saying*

*R.* Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.

*Those who are not Roman Catholic, or do not wish to receive communion, are welcome to come forward in spiritual communion. Crossing your arms across your chest will indicate to the priest or eucharistic minister that you would welcome his or her words of spiritual communion.*

## HYMN AFTER COMMUNION *all stand and join in singing*



**1** Sweet Sacrament divine,  
Hid in thine earthly home,  
Lo, round thy lowly shrine,  
With suppliant hearts we come;  
Jesu, to thee our voice we raise  
In songs of love and heartfelt praise:  
Sweet Sacrament divine.

**3** Sweet Sacrament of rest,  
Ark from the ocean's roar,  
Within thy shelter blest  
Soon may we reach the shore;  
Save us, for still the tempest raves,  
Save, lest we sink beneath the waves:  
Sweet Sacrament of rest.

**2** Sweet Sacrament of peace,  
Dear home for every heart,  
Where restless yearnings cease  
And sorrows all depart;  
There in thine ear all trustfully  
We tell our tale of misery:  
Sweet Sacrament of peace.

**4** Sweet Sacrament divine,  
Earth's light and jubilee,  
In thy far depths doth shine  
The Godhead's majesty;  
Sweet light, so shine on us, we pray  
That earthly joys may fade away:  
Sweet Sacrament divine.

## PRAYER AFTER COMMUNION

Renewed by this bread from the heavenly table,  
we beseech you, Lord,  
that, being the food of charity,  
it may confirm our hearts  
and stir us to serve you in our neighbour.  
Through Christ our Lord.  
*R. Amen.*

## CONCLUDING RITE

### BLESSING and DISMISSAL

The Lord be with you.  
*R. And with your spirit.*

May almighty God bless you:  
the Father, and the Son, and the Holy Spirit.  
*R. Amen.*

Go forth, the Mass is ended.  
*R. Thanks be to God.*

## ORGAN VOLUNTARY

*Please be careful, and take your time, as you leave. Please use the handrails provided on either side of the steps, and avoid walking down the middle section.*

## MUSIC AT THE MET 2024

*For full details of upcoming concerts, organ recitals and special musical events, please visit <https://liverpoolmetrocathedral.org.uk/music/> or scan the QR code.*



## Summer Sunday Organ Recitals

**All start at 14.00**

*Admission free, retiring collection*

A series of organ recitals on Sunday afternoons, lasting 40 minutes, played by current and former organ scholars of the Metropolitan Cathedral.

**4 August** – Peter Kwater (Organ Scholar 1982–1984)

**11 August** – Dan Mansfield (Organ Scholar 2017–2018)

**18 August** – Peter Morrison (Organ Scholar 1977–1979)

**25 August** – Andrew Sharples (Organ Scholar 1980–1982)

**1 September** – Zakariya Raoudi and James Vowles-Wang (Organ Scholars 2023–2025)

### **Support Us**

*We are deeply grateful for the support we receive from our congregation and visitors. Please consider making a donation in the following ways:*

- *Donate £5, £10 or £20 through our 'tap and go' machines.*
- *Text the word METROCATHEDRAL to 70460 to donate £5, or simply scan the QR codes below to make a donation of £5 or £10.*



£5



£10

*Thank you for your generosity.*

*Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us. If you would like to donate but don't wish to hear more from us, please text METROCATHEDRALNOINFO instead.*

[www.liverpoolmetrocathedral.org.uk](http://www.liverpoolmetrocathedral.org.uk)