



**Metropolitan Cathedral
of Christ the King Liverpool**

SOLEMN MASS

**ON THE NINETEENTH SUNDAY OF ORDINARY TIME
11 AUGUST 2024 AT 11.00AM**

WELCOME

Welcome to the Metropolitan Cathedral of Christ the King, Liverpool, the mother Church of the Roman Catholic Community, and seat of the Archbishop of Liverpool. We hope you will fully participate in this celebration of the Mass, and that – along with so many others – you will experience the presence of God in this holy place.

THE MASS

At the Last Supper, on the night he was betrayed, Jesus instituted the Eucharist, or the Mass, to perpetuate the sacrifice of the Cross throughout the ages until he should come again.

The Mass is an act of thanksgiving to God for his saving work; it is a sacred meal which nourishes us spiritually and anticipates the heavenly banquet, and it is a holy sacrifice, making present the one true sacrifice of Christ our Saviour.

Roman Catholics believe that Jesus Christ is truly present at the Mass; in the assembly gathered as the Body of Christ, through his Word made present in scripture, but supremely under the appearance of bread and wine. In the Eucharist the body and blood, soul and divinity of Jesus Christ is wholly and entirely present.

Strengthened by this sacred food, we go forth to build up the Body of Christ in this world, and to bring his healing and salvation to all peoples.

We extend a warm welcome to the Liverpool Cathedral Occasional Singers, who lead the music at today's Mass.

The Celebrant for today's Mass is Fr Anthony Lippo.

The Solemn Mass each Sunday is offered for all Benefactors of the Cathedral.

PLEASE ENSURE THAT MOBILE TELEPHONES ARE SWITCHED OFF

The use of private cameras, video or sound equipment
is strictly prohibited in the Cathedral

The 11.00am Sunday Mass will be recorded and live-streamed. The recording will be shown live on YouTube, and a copy of the recording will be available on this platform. Should you wish not to be filmed, please speak to Cathedral Security or one of the Stewards, who will direct you to a seat in the West Gallery. For more details, please email dataprotection@rcaol.org.uk

INTRODUCTORY RITES

ENTRANCE HYMN *all stand and join in singing*



- 1 **God is love: his the care,
Tending each, ev'rywhere.
God is love, all is there!
Jesus came to show him,
That mankind might know him!
Sing aloud, loud, loud!
Sing aloud, loud, loud!
God is good! God is truth!
God is beauty! Praise him!**
- 2 **None can see God above;
We can share life and love;
Thus may we Godward move,
Seek him in creation,
Holding ev'ry nation.
Sing aloud...**
- 3 **Jesus lived on the earth,
Life and hope brought to birth
And affirmed human worth,
For he came to save us
By the truth he gave us.
Sing aloud...**
- 4 **To our Lord praise we sing,
Light and life, friend and king,
Coming down, love to bring,
Pattern for our duty,
Showing God in beauty.
Sing aloud...**

GREETING

In the name of the Father,
and of the Son, and of the Holy Spirit.
R. Amen.

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.
R. And with your spirit.

PENITENTIAL RITE *all join in saying*

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

GLORIA *Mass for Four Voices - William Byrd (1543-1623)*

COLLECT

Almighty ever-living God,
whom, taught by the Holy Spirit,
we dare to call our Father,
bring, we pray, to perfection in our hearts
the spirit of adoption as your sons and daughters,
that we may merit to enter into the inheritance
which you have promised.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
R. Amen.

LITURGY OF THE WORD

FIRST READING *from the first book of Kings 19:4-8*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked around, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The Word of the Lord.
R. Thanks be to God.

PSALM 33 *all sing the response R. after the Cantor and after each verse of the psalm*



Taste and see, the good-ness of the Lord.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **R.**

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **R.**

SECOND READING *from the letter of St Paul to the Ephesians 4:30-5:2*

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The Word of the Lord.
R. Thanks be to God.

GOSPEL ACCLAMATION *all join in singing the Gospel Acclamation after the Cantor and again after the verse*



If anyone loves me he will keep my word,
and my Father will love him,
and we shall come to him.

GOSPEL

The Lord be with you.

R. And with your spirit.

A reading from the holy Gospel according to John 6:41-51

R. Glory to you, O Lord.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other.

'No one can come to me
unless he is drawn by the Father who sent me,
and I will raise him up at the last day.
It is written in the prophets:
They will all be taught by God,
and to hear the teaching of the Father,
and learn from it,
is to come to me.
Not that anybody has seen the Father,
except the one who comes from God:
he has seen the Father.
I tell you most solemnly,
everybody who believes has eternal life.
I am the bread of life.
Your fathers ate the manna in the desert
and they are dead;
but this is the bread that comes down from heaven,
so that a man may eat it and not die.
I am the living bread which has come down from heaven.
Anyone who eats this bread will live for ever;
and the bread that I shall give
is my flesh, for the life of the world.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

After the Gospel, all sing the Gospel Acclamation.

HOMILY

PROFESSION OF FAITH *all join in saying*

I believe in one God,
the Father almighty, maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

OFFERTORY MOTET *a collection is taken for the upkeep of the Cathedral or please use the QR codes at the back of the booklet, meanwhile the Choir sings*

And I saw a new heaven and a new earth: for the first heaven and the first earth were past away; and there was no more sea. And I, John, saw the Holy City, the new Jerusalem, coming down from God out of heaven, prepared as a bride adorned for her husband. And I heard a great voice out of heaven, saying, "Behold, the tabernacle of God is with men, and he will dwell with them and they shall be his people, and God himself shall be with them and be their God. And God shall wipe away all tears from their eyes, and there shall be no more death, neither sorrow nor crying, neither shall there be any more pain, for the former things are past away.

Edgar Bainton (1880-1956)

The Celebrant says
 Pray, brethren (brothers and sisters),
 that my sacrifice and yours
 may be acceptable to God,
 the almighty Father.

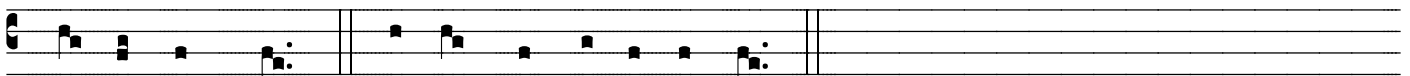
All stand and say
 May the Lord accept the sacrifice at your hands
 for the praise and glory of his name,
 for our good and the good of all his holy Church.

PRAYER OVER THE OFFERINGS

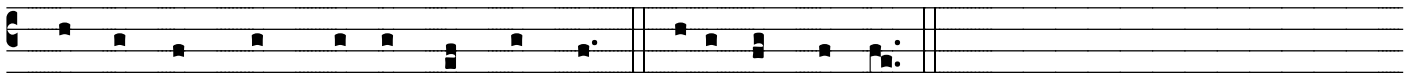
Be pleased, O Lord, to accept the offerings of your Church,
 for in your mercy you have given them to be offered
 and by your power you transform them
 into the mystery of our salvation.
 Through Christ our Lord.
R. Amen.



The Lord be with you. And with your spirit.



Lift up your hearts. We lift them up to the Lord.



Let us give thanks to the Lord our God. It is right and just.

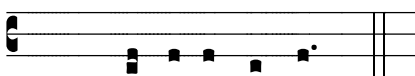
SANCTUS *the Choir sings*

Sanctus, sanctus, sanctus Dominus,
 Deus Sabaoth.
 Pleni sunt coeli et terra gloria tua.
 Hosanna in excelsis.

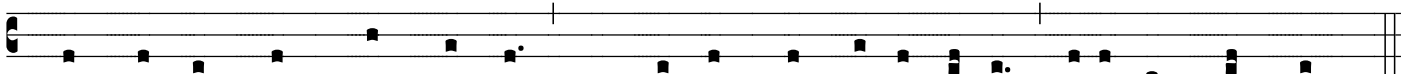
*Holy, holy, holy Lord,
 God of hosts,
 heaven and earth are full of your glory.
 Hosanna in the highest.*

*Mass for Four Voices
 William Byrd*

MEMORIAL ACCLAMATION *all join in singing*



The mystery of faith.



We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

GREAT AMEN *all join in singing*



A-men. A-men. A- men.

COMMUNION RITE

THE SIGN OF PEACE

The peace of the Lord be with you always.

R. And with your spirit.

AGNUS DEI *the Choir sings*

Agnus Dei, qui tollis peccata mundi:
miserere nobis.

Agnus Dei, qui tollis peccata mundi:
dona nobis pacem.

*Lamb of God, you take away the sins
of the world. Have mercy on us.*

*Lamb of God, you take away the sins
of the world. Grant us peace.*

*Mass for Four Voices
William Byrd*

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All join in saying

**R. Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

*Those who are not Roman Catholic, or do not wish to receive communion, are welcome
to come forward in spiritual communion. Crossing your arms across your chest will
indicate to the priest or eucharistic minister that you would welcome his or her words of
spiritual communion.*

COMMUNION MOTET *the Choir sings*

If ye love me, keep my commandments, and I will pray the Father, and he shall give you
another Comforter, that he may abide with you forever; even the Spirit of Truth. And ye
know him, for he dwelleth with you, and shall be in you. I will not leave you comfortless.
I will come to you.

Philip Wilby (b1949)

HYMN AFTER COMMUNION *all stand and join in singing*



- 1** Alleluia, sing to Jesus,
His the sceptre, his the throne;
Alleluia, his the triumph,
His the victory alone:
Hark the songs of peaceful Sion
Thunder like a mighty flood;
Jesus, out of every nation,
Hath redeemed us by his blood.
- 2** Alleluia, not as orphans
Are we left in sorrow now;
Alleluia, he is near us,
Faith believes, nor questions how;
Though the cloud from sight received him
When the forty days were o'er,
Shall our hearts forget his promise,
'I am with you evermore'?
- 3** Alleluia, Bread of Angels,
Thou on earth our food, our stay;
Alleluia, here the sinful
Flee to thee from day to day;
Intercessor, Friend of sinners,
Earth's Redeemer, plead for me,
Where the songs of all the sinless
Sweep across the crystal sea.
- 4** Alleluia, King eternal
Thee the Lord of lords we own;
Alleluia, born of Mary,
Earth thy footstool, heaven thy throne:
Thou within the veil hast entered,
Robed in flesh, our great High Priest;
Thou on earth both Priest and Victim
In the Eucharistic Feast.

PRAYER AFTER COMMUNION

May the communion in your Sacrament
that we have consumed, save us, O Lord,
and confirm us in the light of your truth.
Through Christ our Lord.
R. Amen.

CONCLUDING RITE

BLESSING and DISMISSAL

The Lord be with you.

R. And with your spirit.

May almighty God bless you:
the Father, and the Son, and the Holy Spirit.

R. Amen.

Go forth, the Mass is ended.

R. Thanks be to God.

ORGAN VOLUNTARY

The Occasional Singers is the voluntary choir of Liverpool Cathedral, and primarily sings for services in the absence of the Cathedral Choir. Members of The Occasional Singers are drawn from local parishes and from other areas of the Cathedral life. This is the choir's first engagement outside Liverpool Cathedral since it was re-launched in September 2023. The choir is directed by Alexander Fishburn and Daniel Mansfield.

Please be careful, and take your time, as you leave. Please use the handrails provided on either side of the steps, and avoid walking down the middle section.

MUSIC AT THE MET 2024

For full details of upcoming concerts, organ recitals and special musical events, please visit <https://liverpoolmetrocathedral.org.uk/music/> or scan the QR code.



Summer Sunday Organ Recitals

All start at 14.00

Admission free, retiring collection

A series of organ recitals on Sunday afternoons, lasting 40 minutes, played by current and former organ scholars of the Metropolitan Cathedral.

4 August – Peter Kwater (Organ Scholar 1982–1984)

11 August – Dan Mansfield (Organ Scholar 2017–2018)

18 August – Peter Morrison (Organ Scholar 1977–1979)

25 August – Andrew Sharples (Organ Scholar 1980–1982)

1 September – Zakariya Raoudi and James Vowles-Wang (Organ Scholars 2023–2025)

Support Us

We are deeply grateful for the support we receive from our congregation and visitors. Please consider making a donation in the following ways:

- *Donate £5, £10 or £20 through our 'tap and go' machines.*
- *Text the word METROCATHEDRAL to 70460 to donate £5, or simply scan the QR codes below to make a donation of £5 or £10.*



£5



£10

Thank you for your generosity.

Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us. If you would like to donate but don't wish to hear more from us, please text METROCATHEDRALNOINFO instead.

www.liverpoolmetrocathedral.org.uk