



**Metropolitan Cathedral
of Christ the King Liverpool**

SOLEMN MASS

**ON THE EIGHTEENTH SUNDAY OF ORDINARY TIME
4 AUGUST 2024 AT 11.00AM**

WELCOME

Welcome to the Metropolitan Cathedral of Christ the King, Liverpool, the mother Church of the Roman Catholic Community, and seat of the Archbishop of Liverpool. We hope you will fully participate in this celebration of the Mass, and that – along with so many others – you will experience the presence of God in this holy place.

THE MASS

At the Last Supper, on the night he was betrayed, Jesus instituted the Eucharist, or the Mass, to perpetuate the sacrifice of the Cross throughout the ages until he should come again.

The Mass is an act of thanksgiving to God for his saving work; it is a sacred meal which nourishes us spiritually and anticipates the heavenly banquet, and it is a holy sacrifice, making present the one true sacrifice of Christ our Saviour.

Roman Catholics believe that Jesus Christ is truly present at the Mass; in the assembly gathered as the Body of Christ, through his Word made present in scripture, but supremely under the appearance of bread and wine. In the Eucharist the body and blood, soul and divinity of Jesus Christ is wholly and entirely present.

Strengthened by this sacred food, we go forth to build up the Body of Christ in this world, and to bring his healing and salvation to all peoples.

The Celebrant for today's Mass is Fr Derek Lloyd.

The Solemn Mass each Sunday is offered for all Benefactors of the Cathedral.

PLEASE ENSURE THAT MOBILE TELEPHONES ARE SWITCHED OFF

The use of private cameras, video or sound equipment
is strictly prohibited in the Cathedral

The 11.00am Sunday Mass will be recorded and live-streamed. The recording will be shown live on YouTube, and a copy of the recording will be available on this platform. Should you wish not to be filmed, please speak to Cathedral Security or one of the Stewards, who will direct you to a seat in the West Gallery. For more details, please email dataprotection@rcaol.org.uk

INTRODUCTORY RITES

ENTRANCE HYMN *all stand and join in singing*



- | | |
|---|--|
| <p>1 Love is his word, love is his way,
Feasting with all, fasting alone,
Living and dying, rising again,
Love, only love, is his way.
 Richer than gold is the love of my Lord:
 Better than splendour and wealth.</p> <p>2 Love is his way, love is his mark,
Sharing his last Passover feast,
Christ at the table, host to the twelve,
Love, only love, is his mark.
 Richer than gold...</p> <p>3 Love is his mark, love is his sign,
Bread for our strength, wine for our joy,
"This is my body, this is my blood."
Love, only love, is his sign.
 Richer than gold...</p> | <p>4 Love is his sign, love is his news,
"Do this," he said, "lest you forget
All my deep sorrow, all my dear blood,"
Love, only love, is his news.
 Richer than gold...</p> <p>5 Love is his news, love is his name,
We are his own, chosen and called,
Family, brethren, cousins and kin.
Love, only love, is his name.
 Richer than gold...</p> |
|---|--|

GREETING

In the name of the Father,
and of the Son, and of the Holy Spirit.
R. Amen.

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.
R. And with your spirit.

PENITENTIAL RITE *all join in saying*

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

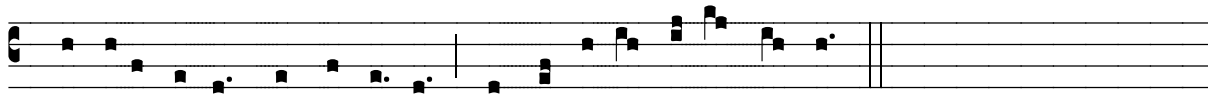
GLORIA VIII *all join in singing the verses in bold type*

Gloria in excelsis Deo. Et in terra pax hominibus bonae voluntatis.



Lauda- mus te. Be-ne-di-ci-mus te. Ado-ra- mus te. Glo-ri-fi-camus te.

Gratias agimus tibi propter magnam gloriam tuam.



Domine Deus, Rex caelestis, De-us Pa-ter omni- pot-ens.

Domine Fili unigenite Jesu Christe.



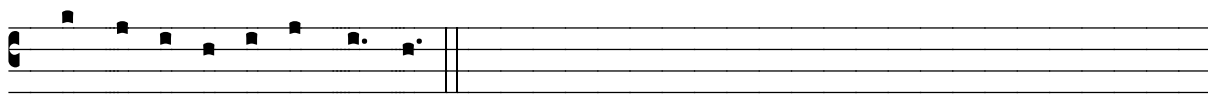
Domi-ne De-us, Agnus De- i, Fi-li- us Pa- tris.

Qui tollis peccata mundi, miserere nobis.



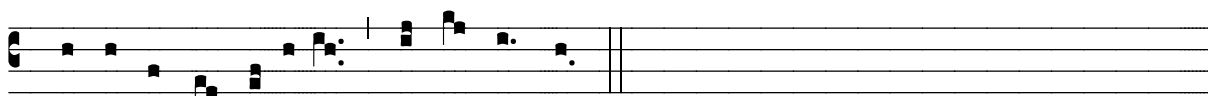
Qui to-llis pec-ca-ta mundi, susci-pe de-pre-ca-ti-o- nem no- stram.

Qui sedes ad dexteram Patris, miserere nobis.



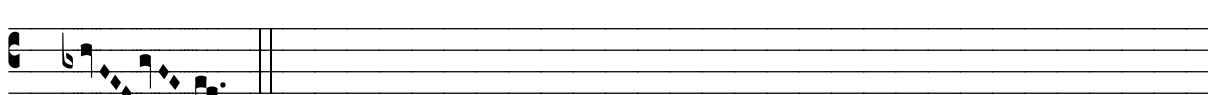
Quo-ni-am tu so-lus sanctus.

Tu solus Dominus.



Tu so- lus Al- tissimus, Je-su Chri-ste.

Cum sancto Spiritu, in Gloria Dei Patris.



A- men.

COLLECT

Draw near to your servants, O Lord,
and answer their prayers with unceasing kindness,
that, for those who glory in you as their Creator and guide,
you may restore what you have created
and keep safe what you have restored.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God, for ever and ever.
R. Amen.

LITURGY OF THE WORD

FIRST READING *from the book of Exodus 16:2-4,12-15*

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, 'Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord.
R. Thanks be to God.

PSALM 77 *all sing the response R. after the Cantor and after each verse of the psalm*



The things we have heard and understood,
the things our fathers have told us,
we will tell to the next generation:
the glories of the Lord and his might. **R.**

He commanded the clouds above
and opened the gates of heaven.
He rained down manna for their food,
and gave them bread from heaven. **R.**

Mere men ate the bread of angels.
He sent them abundance of food.
He brought them to his holy land,
to the mountain which his right hand had won. **R.**

SECOND READING *from the letter of St Paul to the Ephesians 4:17,20-24*

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord.
R. Thanks be to God.

GOSPEL ACCLAMATION *all join in singing the Gospel Acclamation after the Cantor and again after the verse*

VI



A l- le- lu- ia, al- le-lu- ia, al- le- lu- ia.

I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me.

GOSPEL

The Lord be with you.
R. And with your spirit.

A reading from the holy Gospel according to John 6:24-35
R. Glory to you, O Lord.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly,
you are not looking for me
because you have seen the signs
but because you had all the bread you wanted to eat.
Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering you,
for on him the Father, God himself, has set his seal.'

Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.'

Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from heaven,
it is my Father who gives you the bread from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'

'Sir,' they said 'give us that bread always.' Jesus answered:

'I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

After the Gospel, all sing the Gospel Acclamation.

HOMILY

PROFESSION OF FAITH *all join in saying*

I believe in one God,
the Father almighty, maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.

I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

OFFERTORY HYMN *a collection is taken for the upkeep of the Cathedral or please use the QR codes at the back of the booklet, meanwhile all join in singing*



- 1 **Praise to the Lord, the Almighty, the King of creation!
O my soul, praise him, for he is your health and salvation.
All you who hear, now to his altar draw near,
Join in profound adoration.**

- 2 **Praise to the Lord, let us offer our gifts at his altar;
Let not our sins and transgressions now cause us to falter.
Christ, the High Priest, bids us all join in his feast;
Victims with him on the altar.**

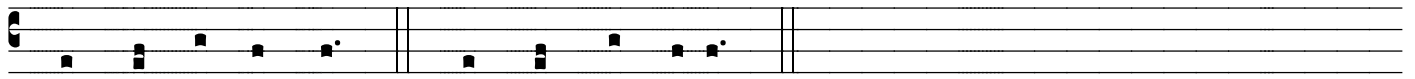
- 3 **Praise to the Lord, oh, let all that is in us adore him!
All that has life and breath, come now in praises before him.
Let the Amen sound from his people again,
Now as we worship before him.**

The Celebrant says
Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

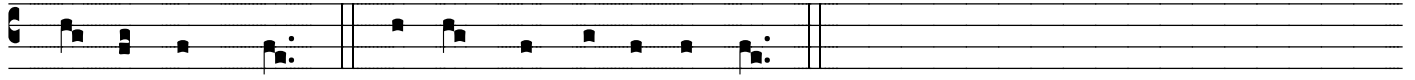
All stand and say
**May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

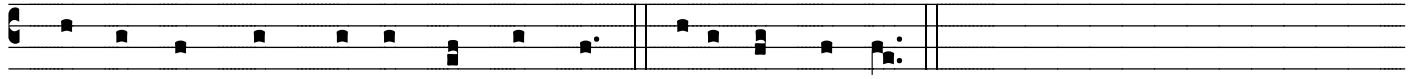
Graciously sanctify these gifts, O Lord, we pray,
and, accepting the oblation of this spiritual sacrifice,
make of us an eternal offering to you.
Through Christ our Lord.
R. Amen.



The Lord be with you. And with your spirit.



Lift up your hearts. We lift them up to the Lord.



Let us give thanks to the Lord our God. It is right and just.

SANCTUS VIII *all join in singing*

VI



San- ctus, * Sanctus, San- ctus Do- minus De-us Sa- ba-oth.



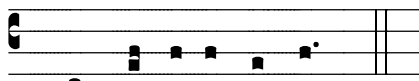
Pleni sunt cae-li et ter- ra glo-ri- a tu- a. Ho- sanna in excel- sis.



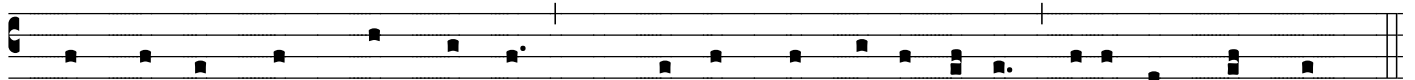
Bene- di- ctus qui ve- nit in nomi- ne Do- mi- ni. Ho- san- na in excel- sis.

Gregorian Chant

MEMORIAL ACCLAMATION *all join in singing*



The mystery of faith.



We proclaim your Death, O Lord, and profess your Resurrection, until you come again.

GREAT AMEN *all join in singing*



A-men. A-men. A- men.

COMMUNION RITE

THE SIGN OF PEACE

The peace of the Lord be with you always.
R. And with your spirit.

AGNUS DEI VIII *all join in singing*



A - gnus De- i, * qui tol- lis pecca-ta mun-di: mi-se-re-re no- bis.
A- gnus De- i, * qui tol- lis pecca-ta mun- di: mi-se-re-re no- bis.
A- gnus De- i, * qui tol- lis pecca-ta mun-di: do-na no-bis pa- cem.

Gregorian Chant

Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All join in saying

R. Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.

Those who are not Roman Catholic, or do not wish to receive communion, are welcome to come forward in spiritual communion. Crossing your arms across your chest will indicate to the priest or eucharistic minister that you would welcome his or her words of spiritual communion.

HYMN AFTER COMMUNION *all stand and join in singing*



1 O bread of heaven, beneath this veil
Thou dost my very God conceal;
My Jesus, dearest treasure, hail;
I love thee and adoring kneel;
Each loving soul by thee is fed
With thine own self in form of bread.

- 2 O food of life, thou who dost give
The pledge of immortality;
I live; no, 'tis not I that live;
God gives me life, God lives in me:
He feeds my soul, he guides my ways,
And every grief with joy repays.
- 3 O bond of love, that dost unite
The servant to his living Lord;
Could I dare live, and not requite
Such love – then death were meet reward:
I cannot live unless to prove
Some love for such unmeasured love.
- 4 Beloved Lord in heaven above,
There, Jesus, thou awaitest me;
To gaze on thee with changeless love,
Yes, thus I hope, thus shall it be:
For how can he deny me heaven
Who here on earth himself hath given?

PRAYER AFTER COMMUNION

Accompany with constant protection, O Lord,
those you renew with these heavenly gifts
and, in your never-failing care for them,
make them worthy of eternal redemption.
Through Christ our Lord.
R. Amen.

CONCLUDING RITE

BLESSING and DISMISSAL

The Lord be with you.
R. And with your spirit.

May almighty God bless you:
the Father, and the Son, and the Holy Spirit.
R. Amen.

Go forth, the Mass is ended.
R. Thanks be to God.

ORGAN VOLUNTARY

Please be careful, and take your time, as you leave. Please use the handrails provided on either side of the steps, and avoid walking down the middle section.

MUSIC AT THE MET 2024

For full details of upcoming concerts, organ recitals and special musical events, please visit <https://liverpoolmetrocathedral.org.uk/music/> or scan the QR code.



Summer Sunday Organ Recitals

All start at 14.00

Admission free, retiring collection

A series of organ recitals on Sunday afternoons, lasting 40 minutes, played by current and former organ scholars of the Metropolitan Cathedral.

4 August – Peter Kwater (Organ Scholar 1982–1984)

11 August – Dan Mansfield (Organ Scholar 2017–2018)

18 August – Peter Morrison (Organ Scholar 1977–1979)

25 August – Andrew Sharples (Organ Scholar 1980–1982)

1 September – Zakariya Raoudi and James Vowles-Wang (Organ Scholars 2023–2025)

Support Us

We are deeply grateful for the support we receive from our congregation and visitors. Please consider making a donation in the following ways:

- Donate £5, £10 or £20 through our 'tap and go' machines.
- Text the word METROCATHEDRAL to 70460 to donate £5, or simply scan the QR codes below to make a donation of £5 or £10.



£5



£10

Thank you for your generosity.

Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us. If you would like to donate but don't wish to hear more from us, please text METROCATHEDRALNOINFO instead.

www.liverpoolmetrocathedral.org.uk