



**Metropolitan Cathedral  
of Christ the King Liverpool**

# **SOLEMN MASS**

**ON THE FIRST SUNDAY OF LENT  
18 FEBRUARY 2024 AT 11.00AM**

## **WELCOME**

Welcome to the Metropolitan Cathedral of Christ the King, Liverpool, the mother Church of the Roman Catholic Community, and seat of the Archbishop of Liverpool. We hope you will fully participate in this celebration of the Mass, and that – along with so many others – you will experience the presence of God in this holy place.

## **THE MASS**

At the Last Supper, on the night he was betrayed, Jesus instituted the Eucharist, or the Mass, to perpetuate the sacrifice of the Cross throughout the ages until he should come again.

The Mass is an act of thanksgiving to God for his saving work; it is a sacred meal which nourishes us spiritually and anticipates the heavenly banquet, and it is a holy sacrifice, making present the one true sacrifice of Christ our Saviour.

Roman Catholics believe that Jesus Christ is truly present at the Mass; in the assembly gathered as the Body of Christ, through his Word made present in scripture, but supremely under the appearance of bread and wine. In the Eucharist the body and blood, soul and divinity of Jesus Christ is wholly and entirely present.

Strengthened by this sacred food, we go forth to build up the Body of Christ in this world, and to bring his healing and salvation to all peoples.

**We extend a warm welcome to Elm Consort, who lead the music at today's Mass.**

*The Celebrant for today's Mass is Fr Derek Lloyd.*

*The Solemn Mass each Sunday is offered for all Benefactors of the Cathedral.*

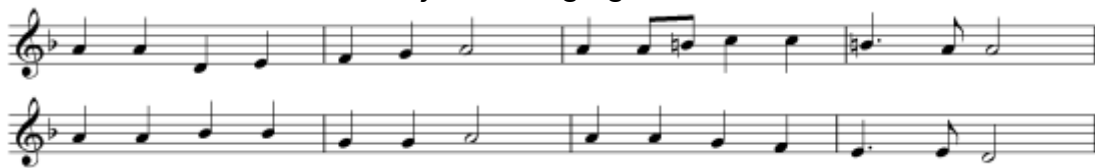
**PLEASE ENSURE THAT MOBILE TELEPHONES ARE SWITCHED OFF**

The use of private cameras, video or sound equipment  
is strictly prohibited in the Cathedral

*The 11.00am Sunday Mass will be recorded and live-streamed. The recording will be shown live on YouTube, and a copy of the recording will be available on this platform. Should you wish not to be filmed, please speak to Cathedral Security or one of the Stewards, who will direct you to a seat in the West Gallery. For more details, please email [dataprotection@rcaol.org.uk](mailto:dataprotection@rcaol.org.uk)*

## INTRODUCTORY RITES

### ENTRANCE HYMN *all stand and join in singing*



- 1 **Forty days and forty nights  
Thou wast fasting in the wild,  
Forty days and forty nights  
Tempted and yet undefiled.**
- 2 **Let us thine endurance share,  
And awhile from joys abstain,  
With thee watching unto prayer,  
Strong with thee to suffer pain.**
- 3 **And if Satan, vexing sore,  
Flesh or spirit should assail,  
Thou, his vanquisher before,  
Grant we may not faint nor fail.**
- 4 **So shall we have peace divine,  
Holier gladness ours shall be,  
Round us too shall angels shine,  
Such as ministered to thee.**
- 5 **Keep, O keep us, Saviour dear,  
Ever constant by thy side,  
That with thee we may appear  
At the eternal Eastertide.**

### INTROIT *the Choir sings*

Invocabit me, et ego exaudiam eum:  
eripiam eum, et glorificabo eum:  
longitudine dierum adimplebo eum.

*When he calls to me, I will answer;  
I will rescue him and give him honour.  
Long life and contentment will be his.*

*Gregorian Chant*

### GREETING

In the name of the Father,  
and of the Son, and of the Holy Spirit.  
**R. Amen.**

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.  
**R. And with your spirit.**



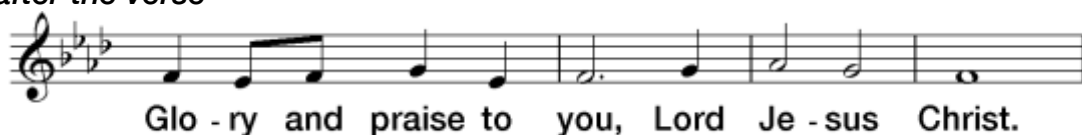
The Lord is good and upright.  
He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. **R.**

**SECOND READING** *from the first letter of St Peter 3:18-22*

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels of the Dominations and Powers his subjects.

The Word of the Lord.  
**R. Thanks be to God.**

**GOSPEL ACCLAMATION** *all join in singing the Gospel Acclamation after the Choir and again after the verse*



Man does not live on bread alone  
but on every word that comes from the mouth of God.

**GOSPEL**

The Lord be with you.  
**R. And with your spirit.**

A reading from the holy Gospel according to Mark 1:12-15

**R. Glory to you, O Lord.**

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.  
**R. Praise to you, Lord Jesus Christ.**

*After the Gospel, all sing the Gospel Acclamation.*

**HOMILY**

**CREDO I** *all join in singing the verses in bold type*

IV. **C**redo in unum De-um, Patrem omni-po-ten-tem, factorem caeli et ter-rae, vi-si-bi-li-um  
omni-um, et in-vi-si-bi-li-um. **Et in unum Domi-num Jesum Christum, Fi-li-um De-i**  
**u-ni-ge-ni-tum.** Et ex Patre natum ante omnia saecula. **Deum de Deo, lumen de lumi-**  
**ne, Deum verum de Deo vero.** Genitum, non factum, consubstan-ti-a-lem Patri, per  
quem omnia facta sunt. **Qui propter nos homines, et propter nostram salutem descendit de**  
**caelis.** Et incarnatus est de Spiritu Sancto ex Maria Vir-gi-ne: Et homo factus est.  
**Cru-ci-fi-xus et-i-am pro nobis: sub Pontio Pi-la-to passus, et sepultus est.** Et re-sur-rexit  
ter-ti-a di-e, secundum Scripturas. **Et ascendit in caelum: sedet ad dexteram Patris.**  
Et i-terum venturus est cum glori-a, iudicare vivos et mortuos : cuius regni non e-rit fi-nis.  
**Et in Spiritum Sanctum, Dominum, et vi-vi-fi-cantem: qui ex Patre Fi-li-o-que procedit.** Qui cum  
Patre et Fi-li-o simul adoratur, et conglori-fi-catur: qui locutus est per Prophetas. **Et unam**

sanctam catho-li-cam et apo-sto-li-cam Eccle-si-am. Confi-teor unum baptisma in  
 re-mis-sionem peccatorum. **Et exspecto resurrecti-onem mortu-orum.** Et vitam venturi  
 sae-cu-li. **A- men.**

**PRAYER OF THE FAITHFUL**

**LITURGY OF THE EUCHARIST**

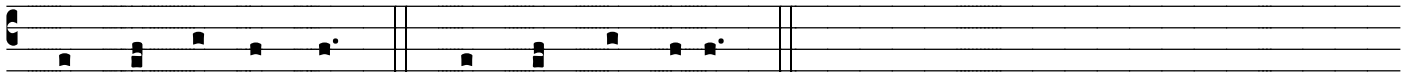
**OFFERTORY MOTET** *a collection is taken for the upkeep of the Cathedral or please use the QR codes at the back of the booklet, meanwhile the Choir sings*  
 Remember not, Lord, our offences, nor the offences of our forefathers; neither take thou vengeance of our sins: spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and be not angry with us for ever. Spare us, good Lord.  
*Henry Purcell (1659-1695)*

*The Celebrant says*  
 Pray, brethren (brothers and sisters),  
 that my sacrifice and yours  
 may be acceptable to God,  
 the almighty Father.

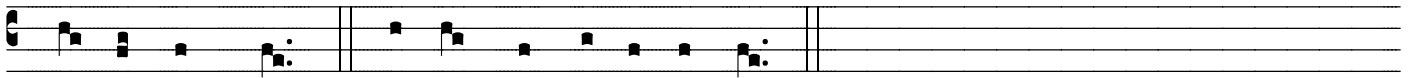
*All stand and say*  
**May the Lord accept the sacrifice at your hands  
 for the praise and glory of his name,  
 for our good and the good of all his holy Church.**

**PRAYER OVER THE OFFERINGS**

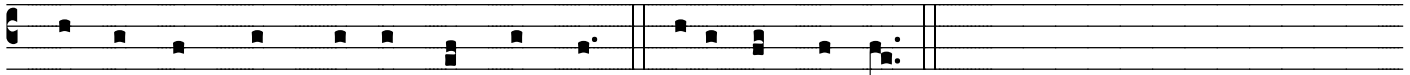
Give us the right dispositions, O Lord, we pray,  
 to make these offerings,  
 for with them we celebrate the beginning  
 of this venerable and sacred time.  
 Through Christ our Lord.  
**R. Amen.**



The Lord be with you. And with your spirit.



Lift up your hearts. We lift them up to the Lord.



Let us give thanks to the Lord our God. It is right and just.

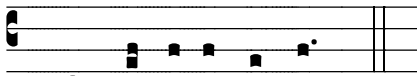
**SANCTUS** *the Choir sings*

Sanctus, sanctus, sanctus Dominus,  
Deus Sabaoth.  
Pleni sunt coeli et terra gloria tua.  
Hosanna in excelsis.

*Holy, holy, holy Lord,  
God of hosts,  
heaven and earth are full of your glory.  
Hosanna in the highest.*

*Missae Emendemus in melius  
Giovanni Pierluigi da Palestrina*

**MEMORIAL ACCLAMATION** *all join in singing*



The mystery of faith.



Save us, Saviour of the world, for by your Cross and Resurrection, you have set us free.

**GREAT AMEN** *all join in singing*



A-men. A-men. A- men.



## COMMUNION RITE

### THE SIGN OF PEACE

The peace of the Lord be with you always.

**R.** And with your spirit.

### AGNUS DEI *the Choir sings*

Agnus Dei, qui tollis peccata mundi:  
miserere nobis.

Agnus Dei, qui tollis peccata mundi:  
dona nobis pacem.

*Lamb of God, you take away the sins  
of the world. Have mercy on us.*

*Lamb of God, you take away the sins  
of the world. Grant us peace.*

*Missa Emendemus in melius  
Giovanni Pierluigi da Palestrina*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

*All join in saying*

**R.** Lord, I am not worthy  
that you should enter under my roof,  
but only say the word and my soul shall be healed.

*Those who are not Roman Catholic, or do not wish to receive communion, are welcome to come forward in spiritual communion. Crossing your arms across your chest will indicate to the priest or eucharistic minister that you would welcome his or her words of spiritual communion.*

### COMMUNION ANTIPHON *the Choir sings*

Scapulis suis obumbrabit tibi,  
et sub pennies eius sperabis:  
scuto circumdabit te veritas eius.

*The Lord will overshadow you, and you  
will find refuge under his wings. His  
faithfulness is buckler and shield.*

*Gregorian Chant*

### COMMUNION MOTET *the Choir sings*

Peccantem me quotidie,  
et non me panitentem,  
timor mortis conturbat me:  
Quia in inferno mula est redeptio,  
Miserere mei, Deus, et salva me.

*The fear of death frightens me,  
who sin every day and do not repent.  
Because there is no redemption  
in hell, have mercy on me, God,  
and save me.*

*Cristóbal de Morales (1500-1553)*

**HYMN AFTER COMMUNION** *all stand and join in singing*



- 1** Lead us, heavenly Father, lead us  
O'er the world's tempestuous sea;  
Guard us, guide us, keep us, feed us,  
For we have no help but thee;  
Yet possessing every blessing  
If our God our Father be.
  
- 2** Saviour, breathe forgiveness o'er us,  
All our weakness thou dost know;  
Thou didst tread this earth before us,  
Thou didst feel its keenest woe;  
Self denying, death defying,  
Thou to Calvary didst go.
  
- 3** Spirit of our God, descending,  
Fill our hearts with heavenly joy;  
Love with every passion blending,  
Pleasure that can never cloy;  
Thus provided, pardoned, guided,  
Nothing can our peace destroy.

**PRAYER AFTER COMMUNION**

Renewed now with heavenly bread,  
by which faith is nourished, hope increased,  
and charity strengthened,  
we pray, O Lord,  
that we may learn to hunger for Christ,  
the true and living Bread,  
and strive to live by every word  
which proceeds from your mouth.  
Through Christ our Lord.  
**R. Amen.**

## **CONCLUDING RITE**

### **PRAYER OVER THE PEOPLE**

May bountiful blessing, O Lord, we pray,  
come down upon your people,  
that hope may grow in tribulation,  
virtue be strengthened in temptation,  
and eternal redemption be assured.  
Through Christ our Lord.

***R. Amen.***

### **BLESSING and DISMISSAL**

The Lord be with you.

***R. And with your spirit.***

May almighty God bless you:  
the Father, and the Son, and the Holy Spirit.

***R. Amen.***

Go forth, the Mass is ended.

***R. Thanks be to God.***

### **ORGAN VOLUNTARY**

*Please be careful, and take your time, as you leave. Please use the handrails provided on either side of the steps, and avoid walking down the middle section.*

### **Support Us**

*We are deeply grateful for the support we receive from our congregation and visitors. Please consider making a donation in the following ways:*

- *Donate £5, £10 or £20 through our 'tap and go' machines.*
- *Text the word METROCATHEDRAL to 70460 to donate £5, or simply scan the QR codes below to make a donation of £5 or £10.*



£5

*Thank you for your generosity.*



£10

*Texts will cost the donation amount plus one standard network rate message, and you'll be opting into hearing more from us. If you would like to donate but don't wish to hear more from us, please text METROCATHEDRALNOINFO instead.*

[www.liverpoolmetrocathedral.org.uk](http://www.liverpoolmetrocathedral.org.uk)