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*Texts cost £5 plus one standard rate message. If you do not wish to opt-in to hear more about our work and fundraising via text, but would still like to donate £5, text METROCATHERALNOINFO instead.



Cathedral Record

www.liverpoolmetrocathedral.org.uk

Season of Lent

We begin the season of Lent this week with the celebration of Ash Wednesday on 17th February. We will just have two Masses that day this year at 12 Midday (which will be live-streamed) and at 5pm, both within the main Cathedral space. Ashes will be blessed at the normal time after the Gospel but will be distributed at the end of Mass as you leave the Cathedral.

We have received various instructions from the Diocese and the Congregation for Divine Worship that we should either distribute the Ashes by sprinkling them over peoples' heads or giving a small sachet to all who attend to self administer at home. However seeing this is the season of variants of one kind or another we have decided to introduce a new local variant for the imposition of Ashes which for want of a better title we have named it 'The Mount Pleasant Variant'. This will enable us to carry out the imposition of ashes safely at the end of Mass for those who feel able to attend.

However, we are aware that most people will be celebrating Ash Wednesday at home this year. Cardinal Nichols has encouraged families at home to mark this day by spending a short time together in prayer using some familiar catholic prayers and for one of the family to sign each member on the forehead with a cross. He writes 'receiving ashes is an outward sign of an inner step, a movement of the heart towards our beloved Lord. This year I urge you to concentrate much more on the inner, spiritual movement, than on its outward manifestation in the imposition of ashes'

During the weeks of Lent beginning after the First Sunday there will be two periods of confessions on a Saturday in the morning at 10.30am after Mass and from 3-4pm. For the time being we will not have confessions after Mass on weekdays but just the two periods on Saturdays dedicated specifically for the celebration of the Sacrament of Reconciliation.

We will stream a service of Stations of the Cross each Friday at 2pm, for those who wish to access this devotion when they wish that afternoon or evening. This will start from Friday 26th February. Fr Chris McCoy will also be offering a series of Lenten Reflections during the weeks of Lent. There will be more details on this in next week's newsletter.

A brief thought for Lent. 'We have already had to give up a lot over this last year. Maybe this Lent isn't the year to give up something as we are already doing it involuntarily. It could be the time to dig a bit deeper and think about the lessons we are learning from the pandemic. For example how we are treating the earth, about the racism, inequality and poverty within our own society and around the world when we look at who is being hurt the most by this pandemic.'

Canon Anthony O'Brien Cathedral Dean

Mass & Service Times

All services take place in the cathedral unless marked otherwise

WEEK COMMENCING 14 February 2021

Sunday 14 February 6th Sunday of Ordinary Time

9.00am Mass
11.00am Mass
This Mass will be streamed live on Facebook and Youtube

Monday 15 February 12noon Mass

Tuesday 16 February 12noon Mass

Wednesday 17 February

Ash Wednesday
12noon Mass
5pm Mass

Thursday 18 February 12noon Mass

Friday 19 February 12noon Mass

Saturday 20 February

10.00am Mass
4.00pm Mass

RECONCILIATION (Confession)

During Lent the Sacrament of Reconciliation will take place at 10.30am, and again between 3.00pm – 4.00pm on Saturdays.

Crypt Crypt Chapel

SS -
55 Seel St,
Missionaries of
Charity

RLUH -
Royal Liverpool
University Hospital

CLERGY:

PRIESTS:
Canon Anthony
O'Brien *Dean*
Fr Stephen Lee
Fr Chris McCoy
Fr Peter Murphy

DEACONS:
Rev Noel Abbott
Rev Paul Mannings

Tel: 0151 709 9222

Email: enquiries@metcathedral.org.uk

Cathedral Notice Board

MASS INTENTIONS

Gerard Webb (RIP), Holy Souls, Dad Mikulas, Mother Maria, Brother Simon, Margorie Coffey (RIP), Johnny Murphy (RIP), Alison Fazakerley, June Randall (RIP), Ronnie Kennedy, Benna Harry (RIP), Jacqueline Cain (RIP), Margaret and John Harry SP (Intentions), Georgia Forest SP (Intentions), Frances Faulkner (RIP), Jean McMeakin and Family, Intentions, Gloria Delaney (RIP), Cathy Wright (Sick).

PASTORAL ASSOCIATE UPDATE

Helen Jones Pastoral Associate writes, 'As we move into a lockdown Lent I reflect on how far we have come in a year. The learning curves of connection and technology have enabled many to keep in contact and our sacred spaces, previously perhaps confined mainly within the walls of a church may have shifted to incorporate the sacred space of home or outside. You are invited to join the Stations of the Cross during Lent starting this Tuesday (16 February) at 7pm facilitated by St Wilfrid's parish – Zoom link is Meeting ID: 864 6245 8572 Passcode: 970104. Also on our website there will be some "colouring" activities for Lent for both younger and older of which encourage us to focus on a prayer intention or a person to pray for each day during Lent. I do commend you to consider joining the CAFOD 10,000 steps a day for 40 days to Walk for Water. As we enjoy some sunshine it may be an opportunity to get out and again focus on our priorities during this time of continued lockdown. Our

Pastoral Area J&P Group facilitated a very well attended Human Trafficking talk which will shortly be available on the Archdiocesan J&P website as a recording – it's well worth watching. I wish you a happy Valentine's day with all your loved ones far and near – a favourite quote of mine: "Love is just a word until someone comes along and gives it meaning" Paulo Coelho. May we all give meaning to that Love to each another in a real way this Lent. God bless, keep safe! Helen.'

PRAYERS FOR THE WEEK AHEAD

We pray for Pope Francis ... that his leadership will bear witness to the healing power of the Gospel.

We pray for all involved in human trafficking ...that those who are trafficked might know healing and justice; that traffickers will come to repentance and conversion; that all of us might live in such a way that others are not made to pay the price for our comfort and convenience.

We pray for all who suffer because of under-resourced health care, especially in poorer countries ... that there may be a more generous and equitable approach to supporting world health.

We pray for ourselves and those we love ... despite the continuing restrictions of lockdown may we know the deep peace of God's unconditional and healing love.

FISH WITH MARK

God Speaks in our Time – reflections on our journey through Mark's Gospel are available to view at www.godwhospeaks2020.org.uk Voices from the Archdiocese share

what has struck them in the Gospel of Mark as we follow the Lectionary for Year B, and prompt us to delve deeper.

NEWS FROM MICAH

This week at St Bride's we catered for 368 people (10 more than last week) - including the 63 at St Vincent's on Tuesday that makes a record weekly total of 431. As ever we're so grateful for everyone who donates in one way or another to enable this work to continue. Please drop off any items of food that you have at the Cathedral Security Office.

WHAT WOULD POPE FRANCIS DO?

To mark the eighth anniversary of Pope Francis' election, the Edinburgh Jesuit Centre is hosting a number of prominent Catholic voices exploring the teachings of Pope Francis each Tuesday in Lent at 7.30pm.

Pope Francis on:
Social Justice, Austen Ivereigh, 23rd February
Refugees & Migration, Sr Imelda Poole, 2nd March
LGBTQ+ Ministry, Fr James Martin, 9th March
Church Hierarchy, Christopher Lamb, 16th March
The Environment, Dr Lorna Gold, 23rd March
Women in the Church, Sr Gemma Simmonds, 30th March
<https://edinburghjesuitcentre.org.uk/>

IN CONVERSATION THROUGH HURTING, HEALING AND LOVE

'Listening with Love' is a seven-session resource inviting people to reflect on the impact of abuse on individuals and the Church. The material is designed for use in small groups, with a leader and participants. The survivors who generously offered their time to produce this resource, identified the themes and decided that, in conversations, the voice of the survivor could be heard. Therefore, using scripture and recorded conversations each session reflects upon the impact of abuse and the journey through hurting, healing and hope. <https://www.cbcew.org.uk/home/events/listening-with-love/>

ASH WEDNESDAY

Mass and the distribution of Ashes will be at 12noon and 5pm on Ash Wednesday. 12noon Mass will be live streamed on our Facebook and YouTube channels.

Last week's collection: **£471.58**



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Golden Book of Remembrance

The Golden Book is open and accepting your entries but on a limited basis for the time being.

Please email enquiries@metcathedral.org.uk or telephone 0151 709 9222 where a member of the team will assist you.